

Look out for the symbol displayed in participating pharmacies or for a full list find us on Facebook.



# BE SAFE

**Unprotected sex?  
16-19 years?**

**Confidential sexual health  
advice and the emergency  
contraceptive pill are  
now available from some  
pharmacies in Belfast**

[www.besafebelfast.com](http://www.besafebelfast.com)



BT13-837



**16-19?**

**Speak  
to your  
pharmacist**

**Confidential sexual health advice and emergency contraceptive pill available at participating pharmacies in Belfast for 16 to 19 year olds**

You are at risk of sexually transmitted infection (STI) and unintended pregnancy if you have had unsafe sex. Some pharmacies in Belfast can now offer you the emergency contraceptive pill, along with confidential advice and condoms, without any cost to you.

The pharmacist will speak to you about the risks and provide the emergency pill (levonelle) if it is suitable for you. It has to be taken

within 3 days (72 hours) of unsafe sex but will work better the sooner it is taken.

Other types of emergency contraception (EllaOne pill and emergency coil) are available from other services. If these offer a better option for you the pharmacist can tell you where to go.

Emergency contraception only helps prevent unwanted pregnancy. The pharmacist will also tell you where to have a check for STI and where to discuss long term contraception.